



## Sharing Our Strengths Mentor Training

*Are you the parent of a child with developmental disabilities or special health care needs?*

*Did you wish when your child was first diagnosed that you could talk with another parent with a similar situation?*

*Are you willing to share your experience to become a parent mentor for another parent?*

*If so, join us:*

**Monday, November 14, 7-9 p.m.**

Special School District Central Office, Room 61  
12110 Clayton Road, just east of Ballas Road

**Presenter: LaRenda Hutt, SOS Trainer**

Sharing Our Strengths (SOS) is a Missouri-wide peer support network, matching parents who are raising children with disabilities or special health care needs to other parents. Mentors are matched to another person and share experiences, practical information, resources and offer emotional support. The only special skills are a willingness to listen and share, and the time to make a few phone calls or send a few e-mails. **Individuals with disabilities and professionals are also needed as mentors.**

*Sharing Our Strengths is a program of the Missouri Developmental Disabilities Resource Center. The goal of the MODDRC is to provide disability information, parent-to-parent/peer support, and volunteer opportunities, so no one has to be alone in their experience with disability.*

To register, call 314-989-7807 (Relay MO 711 Deaf/HOH) or register online at [www.solutionwhere.com/ssd](http://www.solutionwhere.com/ssd) (call the registration number for assistance with setting up an account).

